



**Good for a giggle:** Members react to a comment about being able to walk and chew gum as they try to follow an exercise routine shown at the January meeting, “Excercise into the New Year.” From left, Jean Cox-Treverton, Varya Fish, Pat Draper, Susan Moen, Carol Simmer, Suzanne Thorp and Marjorie Bushnell. See story, Page 2.

---

**At our February 14 meeting:**

*Hear a panel discussion on the history of Title IX and its status now.*

- Title IX - What is it?
- Has it been successful?
- Current challenges
- Maintaining equality for women

10 a.m. at the YWCA, 1026 N. Forest



---

Panelists will include:

- Lynda Goodrich, retired Director of Athletics at WWU
- Sue Guenter-Schlesinger, WWU Vice Provost for Equal Opportunity & Employment Diversity, Title IX and ADA Coordinator
- Becky Rawlings, HR Director for Whatcom Community College
- Dr. Paul Douglas, HR Director for the Ferndale School District.



Tammy and Pam show some stretches.



Above, Pam Kuntz, left, and Tammy Bennett, right, pose with Bellingham Branch member Jo Pullen, who arranged the program on exercise.

### Local “movers and shakers” take us dancing into the New Year

“*Keep moving,*” was the take-home message from exercise experts Pam Kuntz and Tammy Bennett at the January Bellingham Branch meeting. Tammy, Healthy Lifestyles Coordinator at the YMCA, pointed out that sitting for long periods is bad for your health, even if you exercise regularly, and urged “fragmented sitting” - getting up and moving around to break up long stretches sitting at the computer or in your easy chair. “Take the stairs, park further away,” she urged, “physical movement relieves stress.” Tammy demonstrated some simple stretches, such as “writing” the ABC’s with your feet, and encouraged strength training to increase overall good health and functional ability. Pam Kuntz, Artistic Director of Kuntz and Company dance troupe, also teaches a class for persons with neurological conditions. She explained how that class came to be, and then got everyone out of their chairs for exercise to music.

Both women welcome inquiries: [kuntzpam@gmail.com](mailto:kuntzpam@gmail.com) and Tammy Bennett at the YMCA.



### Welcome!

Bellingham AAUW offers scholarships and supports numerous programs which help women and girls gain equity in all areas of life. Anyone possessing a four-year bachelor’s degree or a two-year associate’s degree is welcome to become a member. We enjoy a wide variety of programs and events, as well as each other’s company.



## Member profile...

# Geologist is new Bellingham Branch member

**Marjorie Bushnell** is perhaps a little like some of the rocks she studies: dressed in soft colors on the outside, and filled with value on the inside. A literature-loving geologist, she can charm you with tales of delicious dinners in Hawaii and living in Sweden, or talk about glacial moraines in Whatcom County.



Marjorie's education and work history, in brief, go like this: Her undergraduate degree is in journalism, and after graduating from Northwestern University, she worked for a publishing house, writing ad copy. She married, and had five daughters. While they were small, she took some writing jobs from time to time; but when the children were older, she decided she wanted to go back to school. This time, she took a master's in geology, from Cal State University in Los Angeles.

Most of her work has been in mineral exploration, from sand and gravel (highly useful, she says approvingly) to gold and uranium. She has worked for the State of California and the Department of Energy, and also spent time in Sweden, where she worked with the Swedish Geological Survey. She also has lived in Mexico.

Marjorie may have inherited her love of travel from her mother. She recounts that her parents met in Hawaii, while her mother was on a years-long trip, working her way around the world as a secretary. She explains that her mother was English, and it was not uncommon for young women to take up these adventurous travels, relying often on the British Embassies to provide them with job leads, when they were ready to earn money for another leg of their journey. Marjorie's father, a Nebraskan by birth, ended up in Hawaii with the US Army. Marjorie says Waikiki still feels like home, although the family returned to the mainland when she was eight.

Marjorie moved to Whatcom County about 13 years ago, from northern California. She had gone to high school in Aberdeen, WA, so she was somewhat familiar with Bellingham. One of her daughters lives in Vancouver, BC, a major reason for choosing to live in this area. Two of her 11 grandchildren are in Canada, both attending University of British Columbia. Her other daughters are far-flung: in England, and throughout the United States.

"I'm not artistic," Marjorie says, but she does have an interest in languages. She has been studying Welsh, but has decided that improving her French may be more useful. She has joined Adelante! book club, so we'll have a resource to turn to, if our book selections have foreign phrases to translate! ~ by *Gwen Parker*



*Ready to hit the gym in Sudden Valley, near her home.*

## Interest Groups

### Adelante! Book Club

Meets the fourth Thursday of the month at Arlis's Restaurant, 1525 Cornwall Ave. in Bellingham, at noon. The **February 26 book** will be *Crazy Love*, a memoir dealing with domestic abuse, by Leslie Morgan Steiner.. Reviewer will be Sherry Thompson. Newcomers are welcome. Contact: Gwen Parker 360-933-4314.

### Coffee and Conversation

Will meet the *third Friday* of the month (**Feb. 20**) at 3 pm at The Woods Coffee shop in Barkley Village (near Regal Cinema)  
...and the *fourth Saturday* of the month (**Feb. 28**) at 11 am at the Public Market building on Cornwall Avenue, across from Arlis's Restaurant.

### PM Book Club

The Evening Book Group meets at 6:45 p.m. on the second Thursday of each month in the Colophon Cafe in Fairhaven. **The Feb. 12th book** will be *Boys in the Boat*, by Daniel James, this year's "Whatcom Reads" selection. We welcome all comers - please join us. Contact: Barb Craig, 360-927-2526.

### Dames Who Dine

Currently on hiatus, but a few new diners would get this "on the table" again!

---

## Jean Cox-Treverton joins High School Scholars Committee

Jean Cox-Treverton has volunteered to help Carol Simmer with planning and production of the High School Scholars Recognition event, set May 9. Schools are being contacted already, and speakers are chosen. There is plenty of work still to be done — please contact Carol if you would like to help.

---

## Back to Vartanyan Vineyards!

So that we don't have to drive too far, the Executive Board has chosen to return to Vartanyan Winery for a wine-tasting in June. This was our first wine-tasting venue, three years ago. It was a great day, so hope for good weather again!

**Save these dates!**

**Mark your calendars right now! for the High School Scholars Recognition Event on May 9, and the Wine-tasting on June 20.**



**Getting to know you:** Northwest Indian College student **Carlene Toby**, right, joined a small group of Bellingham AAUW members for a get-acquainted visit over coffee in Ferndale. Carlene is one of two recipients of our NWIC scholarship this year. She is interested in perhaps pursuing a law career and is in her fourth year at NWIC. A Lummi native, she is working toward a degree through the Tribal Government Business Management program. She also has taken education courses, and is employed as a para-educator, working with young special education students at the Lummi Nation School. "I want to be a part of change," she said. From left, Sherry Thompson, Sharlene Joshua and Carol Simmer. Behind the camera is newsletter editor Gwen Parker.

**February Birthdays!**  
Jo Pullen 15th  
Diane Monsen 16th  
Teizeen Mohamedali 21st  
Sharlene Joshua 23rd



**Finally... Facebook!**

At the January Executive Board meeting, it was decided that we would set up a Bellingham Branch AAUW Facebook page. We hope to make this happen in February. Lila Brumback has volunteered to be our page administrator.

**Hail and farewell!**

One of our newer members, Barbara SilverSmith, is already leaving us. Friends and family have persuaded her to move back to Cleveland, OH. She plans to leave in early April, but promises to look up an AAUW branch there. Bon Voyage, Barbara!

**Snack Facts**

**Ladies, you get a reprieve!** A select group of our members will furnish Valentine cookies for the February meeting, so most of you can take a break. **But:** Members with last names beginning with M through Z (actually, we have no Z's) will be asked to bring snacks for the March business meeting. ♡ ♡



P.O. Box 29862  
Bellingham, WA 98228  
[www.aauw-wa.org](http://www.aauw-wa.org)

**Executive Board  
2014-2015**

**President/Newsletter editor**

**Gwen Parker**  
360-933-4314  
[parker.gwen@comcast.net](mailto:parker.gwen@comcast.net)

**Co-Program Chairs**

**Susan Moen  
& Pam Sankey**  
360-778-2510  
360-201-6005  
[susanmoen@comcast.net](mailto:susanmoen@comcast.net)  
[psnkey@comcast.net](mailto:psnkey@comcast.net)

**Co- Membership Chairs**

**Helene Berg-Kolin  
& Sue McDonald**  
360-392-8856  
360-325-2848  
[hbergkolin@gmail.com](mailto:hbergkolin@gmail.com)  
[sue@openaccess.org](mailto:sue@openaccess.org)

**Treasurer**

**Hope Rollis**  
(360) 392-6862  
[hrollis@yahoo.com](mailto:hrollis@yahoo.com)

**Secretary**

**Lila Brumback**  
360-233-7269  
[lilabrumback@gmail.com](mailto:lilabrumback@gmail.com)

*Annual business meeting...*

**Election of officers  
slated for March meeting**

**Please be sure to attend our annual business meeting, March 14 at the YWCA, 1026 N. Forest St.**

This year **we will elect a new president, program chair and secretary.** Also, **Robin Kagan will present a program on life transitions,** Medicare, insurance, and related issues on which we all need to stay current.

A separate email will be sent out when the nominating committee has finished its search for candidates. Nominations may be made from the floor, if the nominee has agreed beforehand.

Susan Moen and Carol Simmer are serving on the Nominating Committee. ***Please, make their jobs easier by letting them know you would be willing to serve.*** With the exceptions of the secretary and treasurer positions, all the jobs are made easier and more fun if two people agree to share them.

Retiring are Branch President Gwen Parker, Program Co-Chairs Susan Moen and Pam Sankey, and Secretary Lila Brumback.

Those remaining on the board for another year are Helene Berg-Kolin and Sue McDonald, co-membership chairs, and Hope Rollis, treasurer.

**This business meeting affords an excellent opportunity to discuss our fund-raising, our many projects, and any concerns members wish to raise.**

***Attend! Vote! Make your voice heard!***

