



October 14, 2017

Centennial Year Kickoff and Membership Luncheon

—Get your brain in gear for a history quiz!

It is now just **one year** until our final 100th year celebration for Bellingham Branch of AAUW. This is quite exciting and remarkable.

We have weathered the good and bad times of our country and our society, but our mission is still clear: *Equity for women and girls through advocacy, education, philanthropy and research!*

We begin celebrating in earnest this month at our general meeting at the YWCA at 10 a.m., Oct. 14 —followed by a no-host Membership Luncheon at The Five Columns Restaurant, at noon. (1301 E Maple St.)

The October branch meeting will give a brief highlight of coming events and programs to celebrate our past 100 years and to build momentum toward the future. The Centennial committee will share some of the memories of the past and provide a taste of the final Centennial Celebration on October 13th, 2018. And don't forget our quiz!

Vintage fashions from members will be on display and members will be asked to share fond memories of their AAUW experiences. (Also, members with **last names N - W** are asked to bring light snacks to the YW, to tide us over until lunch.)

Memory sharing will continue with lunch at the Five Columns (registration required to assure seating). Come and start the yearlong celebration! This luncheon welcomes new members and thanks all members for their support of AAUW. We have changed locations for the luncheon this year, because we outgrew our previous venue. Program Co-chair Jo Pullen reports that The Five Columns has excellent Greek food, plus sandwiches, burgers, soup, salads and multiple dessert options. Prices range from \$6 for soup to \$20 for steak. There are gluten free, dairy free and vegetarian options. **Please RSVP for the luncheon by Wednesday, Oct. 11, to Susan Moen, 206-399-4909. Please tell Susan what your lunch order will be, to give the restaurant a heads-up on what to prepare.** (See a copy of the lunch menu on pages 6 & 7)

Cathie Oberg and Carol Simmer, Centennial Co-chairs

This is the month to sell Holiday Greenery!

Our annual sale of fresh greenery is our biggest fund-raiser. See pages 7 and 9 for a photo of the items for sale, and a form with all the info you will need.



Tech Trek speakers: From left, Dr. Rebecca Bunn and Tech Trek campers Mimi Baydek, Riley Wolfe, Natasha Oster and Charlie Matthews.

Bellingham AAUW members hear report from WWU prof and Tech Trek participants at September meeting

With poise, creativity and good humor, the five speakers at the September AAUW meeting overcame computer problems beyond their control to deliver some stimulating discussions.

The first speakers were this year's Tech Trek campers from Bellingham: Mimi Baydek, Kulshan Middle School; and Riley Wolfe, Charlie Marie Matthews and Tasha Oster, all from Shuksan Middle School. AAUW sponsors a yearly camp for girls going into eighth grade. The camp focuses on STEM professions (science, technology, engineering and mathematics). Seventh grade girls are nominated in the spring by their science or math teachers, and are then interviewed by Bellingham Branch AAUW members, and a final selection is made. This year there were four scholarship winners from Bellingham, who attended the week-long session at Pacific Lutheran University.

The girls all were enthusiastic about their time at camp, citing the challenging classwork, exciting field trips and chance to bond with like-minded girls from around the state.

The final speaker was Rebecca Bunn, Ph.D., Associate Professor in Environmental Sciences at Western Washington University and a member of Bellingham AAUW. She discussed her research into the symbiotic relationship between plants and fungi. She said that studies show the information gathered has applications for soil restoration, sustainable agriculture and management of invasive plants. Since the computing equipment failed us, she provided this link to her presentation: <https://wp.wvu.edu/soilecologylab/> At the website, click on "public talks."

You are invited...

**Encouraging Different Pathways to Success:
A brown bag luncheon and networking opportunity**

The Karen Morse Institute for Leadership, directed by Karen Stout will hold its second luncheon Friday, October 20, 12 - 1:30, in the Solarium on the WWU campus. Attendees bring a brown bag lunch and the University provides cookies and drinks. The first brownbag luncheon brought together AAUW members and women across campus for a brainstorming discussion on what barriers exist for women in achieving their professional goals with a particular focus on graduate students and early-career faculty. Although the focus is on woman-identified issues, the Leadership Institute supports a broader demographic and the luncheons are open to all.

The program for the second luncheon will include an opportunity for networking/ mingling and a brief panel discussion followed by a Q&A among panelists and attendees. Panel speakers will be a 2nd year graduate student, an assistant, associate, full and retired professors asked to speak briefly on what has been important for career success at this particular level of their career. The goal of the Leadership Institute is to hold a brownbag luncheon quarterly throughout 2018.

Please join us for an opportunity to network and support each other in the development of our professional careers and personal lives. In addition to building community, we are seeking input on ways AAUW and KWMIL can support career development for early faculty, women, underrepresented groups, and graduate students on the WWU campus.

Please [RSVP for the event here on Event Brite](#).

You can learn more about the event and spread the word to others via the [event's FB page](#).

We hope you can join us!

Rebecca Bunn, Ph.D., Associate Professor in Environmental Sciences and Member of the Bellingham Chapter of AAUW

Co-hosted by the Bellingham Chapter of the American Association of University Women (AAUW) and the Karen W. Morse Institute for Leadership (KWMIL) with financial support from Western's Gives and Grows Committee.

Welcome

Bellingham AAUW offers scholarships and supports numerous programs which help women and girls gain equity in all areas of life.

Anyone possessing a four-year bachelor's degree or a two-year associate's degree is welcome to become a member.

INTEREST GROUP NEWS

YA GOTTA HAVE ART!

A newly formed interest group will take advantage of local art shows, museums in the area, special art projects and the incredible sculptures of our city and campus. Please contact Susan Moen if you are interested in joining other members to view the shows and possibly have lunch for a complete outing: susanmoen@comcast.net, or 206-399-4909 cell. As each person finds out about a special exhibit, she will propose a date and meeting place. This will be a flexible format.

The exact name for the group is still undecided. Feel free to weigh in on these suggestions, or add ideas of your own:

<i>Visit the Arts</i>	<i>Art Joy</i>
<i>Art Smart</i>	<i>Art Interactions!!</i>
<i>Ya Gotta Have Art!</i>	

GREAT DECISIONS

The Great Decisions group, founded by Mary Jane Vetter, and coordinated by Ruth Norman for the past several years, has folded. An alternative for those interested in current affairs is the ALL (Academy of Lifelong Learning) World Affairs group that meets on the first Tuesday of each month, 9:30AM to Noon, at the Community Food Co-Op Connection Room, 405 E. Holly Street, Bellingham. If you are interested in this opportunity please contact Facilitator Michou Yenokido, mmyenokido@gmail.com, for information, or call ALL at 360-650-4970 for registration and information.

ADELANTE! BOOK CLUB meets monthly at Arlis's Restaurant, 1525 Cornwall Ave. in Bellingham, at noon. The next meeting will be Oct. 26, and the book will be *The Way We Never Were*, by Stephanie Coontz (432 pages). Newcomers are welcome. Contact: Gwen Parker, 360-933-4314.

Bellingham Branch AAUW

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News and notes.... from or about members...

The AAUW state committee on Tech Trek will be making a decision later this month regarding a **third camp**, a second week in western Washington. The location will be selected for 2018, providing extra capacity. Karen Manelis asked me to assume a camp directorship for one of the camps and I am happy to represent Bellingham and my dual branches of Olympia and the Online branch by accepting this challenge. I am headed to Washington DC with the state Tech Trek directorship team at the end of the month for training.

Cheers!

Marziah Kiehn-Sanford

Jo Pullen was part of a team that recruited three string musicians from the Whatcom Symphony, promoted and organized a performance of classical music at the Bellingham Senior Activity Center on Saturday, October 21 from 11 am-12pm. Light refreshments served. Contact, Jo at 360-325-3392.

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A Note about November

Writer Candace Wellman will be the featured speaker at our November 11th meeting.

Program Co-chair Jo Pullen suggests it might enrich our listening experience if we read Ms. Wellman's book, *Peace Weavers: Uniting the Salish Coast through Cross Cultural Marriages*.

Jo reports that Ms. Wellman's recent appearance at Village Books in Lynden drew an SRO crowd.

Different date in December: Our usual second Saturday meeting date will slide to Dec. 16. We will have a cookie exchange, holiday sing-along and tour the annual museum Christmas tree display, of trees decorated by different local groups - including AAUW!

The Centennial Committee is asking for volunteers for Memorial Day's Blossom Time (Ski to Sea) Parade!

.....And I find myself in charge.

This is a way to raise visibility for AAUW and our programs in Bellingham. We want women to march (period costumes encouraged, but not required), but recognize it's a long walk. We're looking for a way our members can ride at least off and on through the parade. **Does anyone have a connection with a person, business or organization that has vintage autos, a float skeleton that won't be in this parade or a flatbed trailer with truck to pull it?** We would love a borrow with credit to provider, but might be able to come up with a little rent.

Let me know.

Judith Entwife

jentwife@frontier.com



FIVE COLUMNS LUNCH MENU

Lunch Appetizers

Pita Bread with Tzatziki Sauce
 Pita Bread with Hummus
 Spanakopita
 Tiropita
 Kalamari
 Garlic Bread (with our without cheese)

Soup

Soup of the Day (made fresh daily)

Classic Sandwiches

Hot Turkey
 Cold Turkey

Charbroiled Burgers

All our burgers are 1/2 pound lean beef. Served on a sesame bun with lettuce, tomatoes, pickles, and mayonnaise. Sliced onions upon request. Served with your choice of soup of the day or our home fries.

Charbroiled Burger
 Charbroiled Burger with American or Swiss Cheese
 Bacon and American Cheese Burger
 Swiss Cheese and Grilled Onion Burger
 Texas Burger – Our charbroiled burger topped with American cheese and BBQ sauce
 Western Dip – A beef patty of a French roll topped with Swiss cheese and bacon, served with au jus

Charbroiled Chicken Sandwiches

A 6oz boneless, skinless chicken breast served on a French roll with lettuce, tomatoes, and mayonnaise. Served with your choice of soup of the day or home fries.

Classic Chicken Breast Sandwich
 Bacon and Swiss Chicken Breast
 Barbeque Chicken Breast – A chicken breast topped with BBQ sauce and Swiss cheese

Pita Sandwiches

All sandwiches served with your choice of home fries or a cup of soup

Gyro Sandwich – Strips of spiced ground beef and lamb on a pita with tomatoes, onions and tzatziki sauce
 Chicken Gyro – Seasoned chicken breast sliced and served in a pita with tomatoes, onions, and tzatziki sauce
 Vegetarian Pita – Onions, tomatoes, green peppers, lettuce, cucumbers and feta cheese on a pita and dressed with our house Greek dressing

Fresh Salads

Chef Salad
 Eleniki Salata – Greek Salad
 Fresh greens topped with green peppers, tomatoes, onions, cucumbers, feta cheese, kalamata olives, and our own Greek dressing
 House Favorite Salad
 Eleniki Kotopoulo Salata – Greek Chicken Salad
 Charbroiled Chicken Salad
 Chicken Caesar Salad
 Caesar salad with croutons and cheese, topped with diced charbroiled chicken breast

Soup and Salad Combo

Served with bread
 Dinner Salad
 Tossed greens with cheese and croutons and your choice of dressing

Lunch Entrees

Served with your choice of soup or salad and potatoes or rice

Ground Sirloin
 1/2 pound sirloin chopped steak, charbroiled and topped with onion rings
 Rib Steak
 A 10oz beefeater's delight
 Petit New York Steak
 A 8oz steak, charbroiled to your specification
 BBQ Chicken Breast
 Greek Chicken Breast
 A 6oz boneless, skinless chicken breast served in an olive oil and lemon sauce

Baby Back Ribs

Greek Style or BBQ Style
 Greek Souvlaki
 Pork filet marinated with Greek herbs and spices then cubed and skewered. Served on a large plate with rice pilaf and a Greek Salad
 Chicken Souvlaki

Chicken breast marinated with Greek herbs and spices then cubed and skewered. Served with rice pilaf and a Greek Salad

Lamb Souvlaki

Lamb marinated with Greek herbs and spices then cubed and skewered. Served with rice pilaf and a Greek Salad

Moussaka

A classic Greek dish. Layers of spiced ground beef, tender eggplant and potatoes, topped with a creamy Bechamel sauce

Dolmades

Grape leaves stuffed with rice and seasoned ground beef. Topped with an egg-lemon sauce and served over rice pilaf

Lunch menu, Cont. from page 6

Kalamari

Seasoned kalamari with traditional Greek spices, fried to a golden brown and served with our homemade tzatziki sauce

Grilled Filet of Sole

Lightly floured and seasoned filets, finished with a lemon butter sauce

Deep Fried Prawns

Golden deep fried prawns served with our homemade cocktail sauce

Pasta

Served with soup or salad

Fettuccine Alfredo

Fresh fettuccine pasta tossed in our creamy made to order Alfredo sauce

Fettuccine Marinara

Fresh fettuccine pasta topped with our own marinara sauce and Parmesan cheese

Baked Spaghetti Marinara

Spaghetti tossed in our own marinara sauce, topped with cheese and then baked

The Handbooks are ready!

Thanks to Esther Golde for once again producing our annual Membership Handbook.

This handy phone/address list and AAUW fact book will be available for pickup at the October and November meetings.

New Hospitality Chair

Kathryn Grant is happy to take on the duties of Hospitality Chair, supervising set-up and clean-up! Board members will take turns bringing coffee for our Saturday meetings.

Noble Fir Door Swag
ITEM # S4
Newly designed for guaranteed sustainability and quality, this item is the perfect alternative to a wreath. Includes 1 set of snow dusted cones and a red bow. Approximately 30"x19". Price: \$28.00

22" Noble Fir Wreath
ITEM # W2
Fresh, fragrant Noble fir wreath in a traditional arrangement. Includes a red velvet water repellent bow and two snowy pine cone clusters for easy attaching. Price: \$28.00

Centerpiece
ITEM # CS
Cedar, Noble fir, pine, and berried juniper arranged in an oasis block and bowl for your table. Red faux holly berries included for custom arrangement. Also includes traditional taper candle holder. Size is approximately 12" inches diameter. Price: \$22.00

This is the month to sell Holiday Greenery!

Our annual sale of fresh greenery is our biggest fund-raiser. In order to get the items to our customers before Thanksgiving, we need our members to **sell, sell, sell this month, and turn in the orders by Oct. 31.** See a copy of the order form with all the info you need, on page 9. The greenery comes from our own state, and is always long-lasting. More order forms will be available at the October meeting.

Would this help someone you know?

Great news: Washington Women in Need's Education Grant fall application cycle opens on Wednesday September 20, 2017 and will be open until October 20, 2017!

[Washington Women in Need \(WWIN\)](#) is a nonprofit organization that provides education and health care grants to low-income women in Washington State to help them improve their lives.

WWIN makes grants to determined women who are looking to build a better future for themselves, their families, and their communities for generations to come. This fall, we will make 60-75 Education Grants to women from across Washington. Grantees will receive up to \$5,000 over a one-year period, which can be used for tuition and required books. Applicants must meet [WWIN's eligibility](#) criteria to be considered.

NEW FOR THE FALL 2017 GRANT CYCLE: WWIN has decided to increase the financial eligibility criteria to include more women in need. Please visit the [education grants page](#) for the updated financial criteria.

Prospective applicants should visit the WWIN website for additional information and to submit an application. The application deadline is 11:59 pm on Friday October 20, 2017.

Thanks in advance for sharing about this great opportunity!

WWIN Programs

Washington Women In Need
232 5th Ave South, Suite 201
Kirkland, WA 98033

Phone: 425.451.8838 x1

Fax: 425.451.8845

Email: programs@wwin.org

Email About WWIN | Apply | Donate | Facebook

Improving the lives of women in Washington through financial assistance for health care and education. 🌸🌸🌸🌸

 <p>Happy Birthday</p>	<p><i>October</i></p> <p>12 <i>Margaret Philbrick</i></p> <p>16 <i>Louise Bjornson</i></p> <p>18 <i>Hope Rollis</i></p> <p>20 <i>Maggie Moore</i></p>
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